

United Martial Arts Center Class Schedule

Effective June 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday Morning	Sunday
Dragons 2½ to 5 yrs 5:00 PM - 5:30 PM	Dragons 2½ to 5 yrs 5:00 PM - 5:30 PM	Dragons 2½ to 5 yrs 5:00 PM - 5:30 PM	Dragons 2½ to 5 yrs 5:00 PM - 5:30 PM	Dragons 2½ to 5 yrs 5:00 PM - 5:30 PM	Teens & Adults 14 yrs & up 9:00 AM - 10:00 AM	
Youths 6 to 9 yrs 5:45 PM - 6:30 PM	Youths 6 to 9 yrs 5:45 PM - 6:30 PM	Youths 6 to 9 yrs 5:45 PM - 6:30 PM	Youths 6 to 9 yrs 5:45 PM - 6:30 PM	Youths 6 to 9 yrs 5:45 PM - 6:30 PM	Dragons 2½ to 5 yrs 10:00 AM - 10:30 AM	
Juniors 10 to 13 yrs 6:45 PM - 7:45 PM	Juniors 10 to 13 yrs 6:45 PM - 7:45 PM	Juniors 10 to 13 yrs 6:45 PM - 7:45 PM	Juniors 10 to 13 yrs 6:45 PM - 7:45 PM	Juniors 10 to 13 yrs 6:45 PM - 7:45 PM	Youths 6 to 9 yrs 10:45 AM - 11:30 AM	Closed
Teens & Adults 14 yrs & up 8:00 PM - 9:00 PM	Teens & Adults 14 yrs & up 8:00 PM - 9:00 PM	Teens & Adults 14 yrs & up 8:00 PM - 9:00 PM	Teens & Adults 14 yrs & up 8:00 PM - 9:00 PM	Teens & Adults 14 yrs & up 8:00 PM - 9:00 PM	Juniors 10 to 13 yrs 11:45 AM - 12:45 PM	



Tel: (631) 474-0844
E-mail: SogoRyu1@gmail.com
509 N Bicycle Path
Port Jefferson Station, NY 11776
www.umac-mma.com